



**KEUMGANG**  
HOUTHALLEN-OOST [www.tkdhouthalen.be](http://www.tkdhouthalen.be)

**24.05 POOMSAE**  
**KEUMGANG**  
**CUP**

**Sporthal Lakerveld**  
Guldensporenlaan 16/A, 3530 Houthalen (Belgium)



**SPORT.**  
VLAANDEREN



**Houthalen-Hechteren**  
ALLEMAAL HELEMAAL CENTRAAL



**TAEKWONDO**  
VLAANDEREN



RAMEN  
**ATELIER**



**ELPE**



**Cavalla**  
workwear



**UW KEURDER**  
all-in-one keuringsoplossingen



**Schouteden**  
Schilderwerken met karakter



**RTP**  
Partner.nl



**DKTOPLUS** agency



**Café Gortels**  
in een



**ARGENTA**  
Zonhoven



**Carrefour**  
market  
HOUTHALLEN-OOST

## Organisation

Keumgang Houthalen-Oost under the auspices of Taekwondo Vlaanderen, with the cooperation of municipality Houthalen Helchteren.

## License

- **Belgian participants:** valid taekwondo license delivered by one of the regional recognized and subsidized uni-sports federation.
- **Foreign participants:** valid license of a recognized taekwondo federation that offers WT taekwondo.
- No valid license (with photo/identity card) means no participation.

## Liability

All participants participate at their own risk.

## Entry

- **Spectators:**
  - 8 € pp • up to 12 years old free entrance
  - Regulations for spectators: [internal regulations TKDV](#) and [disciplinary rules](#).
- **Coaches:**
  - 0-5 competitors: 1 coach free entrance
  - 6-10 competitors: 2 coaches' free entrance
  - > 10 competitors: 3 coaches' free entrance
  - Every extra coach needs to pay the entrance fee.

## Location

Sporthal Lakerveld Guldensporenlaan 16A, 3530 Houthalen Helchteren (Belgium)

## Information

Concerning the **organization** of the competition:

- Tom Vanstraelen: +32 474 94 63 03 • [tom@tkdhouthalen.be](mailto:tom@tkdhouthalen.be)

Concerning the **registration** of the competitors:

- [recreatie@taekwondo.be](mailto:recreatie@taekwondo.be) • +32 11 87 09 19

## Referees

- Coordinator Poomsae: [marc.raymaekers1@gmail.com](mailto:marc.raymaekers1@gmail.com)

## Regulations

TKDV/WT-regulations: [www.taekwondo.be](http://www.taekwondo.be) • [downloads](#) • [competition](#)

All participants participate at their own risk.

## Categories

The year of birth is decisive for the category in which the participant will compete. For ex. someone born on 31/12/2010 will turn 15 in 2025 and will compete on 08/05/2025 in the category 15-17 year.

One can participate in multiple categories (individual, pair, team, freestyle).

A ≥ 1st dan/poom • B = 4th-1st kup • C = 8th-5th kup • D = 10th -9th kup

Disciplines	Belts	Year of birth
Individual	A, B, C, D	≤ 8y, 9-11y, 12-14y, 15-17y, 18-30y, 31-40y, 41-50y, 51-60y, 61-65y, ≥66y
Pair	A, B, C, D	≤ 11y, 12-14y, 15-17y, 18-30y, 31-50y, 51-60y, ≥ 61y
Team	A, B, C, D	≤ 11y, 12-14y, 15-17y, 18-30y, 31-50y, 51-60y, ≥ 61y
FS Individual	A, (B+C+D)	≤ 17y, ≥ 18y
FS Pair	A, (B+C+D)	≤ 17y, ≥ 18y
FS Team	A, (B+C+D)	All ages
G-taekwondo	A, (B+C+D)	≤ 17y, ≥ 18y
Family	A+B+C+D	All ages

Only for belts B, C and D:

- In the individual discipline, each athlete has the choice of participating in the age category above his own.
- A pair or a team is formed in the same age category. Nevertheless, it is admitted that one person of the pair or 2 persons of the team can have the category of ages just above.
- A pair or a team is formed in the same class of belts. Nevertheless, a combination of different belts B, C, D is allowed.

**A pair or a team must participate in the highest age category and the highest belts class.** This does not apply to A class!

## Compulsory poomsae

For the B, C, D and G category it is obligatory to register the poomsae before closing of the registrations, i.e. at the latest **Friday May 16 2025 till 23.59 PM** on the website [Martial Events](#)

Belts	Compulsory poomsae	Round 1	Round 2	Round 3
A	Drawing of lots on Wednesday 21 May 2025 – see table	2 taegeuks	2 taegeuks	2 taegeuks
B	Free choice – see table	1 taegeuk	1 taegeuk	2 taegeuks
C	Free choice – see table	1 taegeuk	1 taegeuk	2 taegeuks
D	Free choice – see table	1 taegeuk	1 taegeuk	1 taegeuk
G	Free choice	/	/	1 taegeuk
Family	Free choice – see table	/	/	2 taegeuks

## System

Cut off system

## Timetable

Saturday May 24th 2025

08:00 - 09:00	Registration (teams that register too late will be declined)
10:00	Start competitions

## Registrations

Website	<a href="http://www.martial.events/en">www.martial.events/en</a>
Deadline	<b>Friday 16th May 2025 until 23:59</b>
Participation fee	<p>Payment in advance for:</p> <ul style="list-style-type: none"> <li><b>25€/individuel (FS and G), 35€/pair (FS), 40€/team (FS), 15€/Family</b></li> </ul> <p>The fee must be on the account of the organization <b>at least on Wednesday 21st May 2025</b>. Mail your proof of payment to: <a href="mailto:kgc@tkdhouthalen.be">kgc@tkdhouthalen.be</a></p> <ul style="list-style-type: none"> <li>When the Fee is not on our account on Wednesday 21 May 2025 and payment on the spot: <b>5 EUR extra per athlete</b>. There must be a payment for all athletes on the competition list. No refund possible.</li> </ul>
Bank account	Keumgang Houthalen-Oost IBAN: BE31 9734 6534 9955

	BIC: ARSPBE22 Reference: Keumgang Cup + Club + Number of participants + poomsae
	<b>Payments must be grouped per club. For members who pay individually or with incomplete information, 5 euros administration Fee per participant will be charged</b>

## Prizes

- Individual • Pair • Team • Mixed Team: 1st, 2nd and 3rd place.
- Club trophy for 1st, 2nd and 3th place.

## Covid-19

In case there is a need for extra regulations, all measures and information relating to COVID-19 are collected in an accompanying health protocol.

All attendees are expected to have read the health protocol before entering the competition venue. By entering the competition, they commit themselves to follow it.

## Travel

You can find all travel restrictions and conditions for Belgium via

<https://www.info-coronavirus.be/en/travels>

## Airport

- Eindhoven: Distance 55 km
- Brussels-Zaventem: Distance 80 km
- Liege: Distance 60km
- Charleroi-(Brussels South): Distance 145km
- Maastricht: Distance 45 km

## Accommodation

Vakantiepark Hengelhof houthalen Helchteren:

- <https://www.oostappenvakantieparken.nl/hengelhof/zoek-en-boek>
- <https://www.oostappenvakantieparken.nl/>

Distance Houthalen Helchteren from Hasselt: 14 km

- <https://www.radissonhotels.com/nl-nl/hotels/radisson-blu-hasselt>
- <https://www.hihasselt.com/>
- [https://www.hotelscombined.be/Hotel/YUP\\_Hotel.htm](https://www.hotelscombined.be/Hotel/YUP_Hotel.htm)
- [https://www.centerparcs.be/be-vl/belgie/fp\\_EP\\_vakantiepark-erperheide](https://www.centerparcs.be/be-vl/belgie/fp_EP_vakantiepark-erperheide)

## Parking

- **Parking** is provided at **Sporthal Lakerveld**, Guldensporenlaan 16A, 3550 Houthalen-Helchteren ([route](#))
- **Extra parking** is provided at **Inspirocollege**: Herebaan-West 41, 3530 Houthalen-Helchteren ([route](#)) - Our team will guide visitors from here through the forest to the sports hall

Age	A		
	Individual	Pair	Team
... - 8y	Taegeuk 1, 2, 3, 4, 5, 6, 7, 8	Taegeuk 2, 3, 4, 5, 6, 7, 8, Koryo	Taegeuk 2, 3, 4, 5, 6, 7, 8, Koryo
9y - 11y	Taegeuk 2, 3, 4, 5, 6, 7, 8, Koryo		
12y - 14y	Taegeuk 4, 5, 6, 7, 8, Koryo, Keumgang; TaeBaek	Taegeuk 4, 5, 6, 7, 8, Koryo, Keumgang	Taegeuk 4, 5, 6, 7, 8, Koryo, Keumgang
15y - 17y	Taegeuk 5, 6, 7, 8, Koryo, Keumgang, Taebaek; Pyongwong	Taegeuk 4, 5, 6, 7, 8, Koryo, Keumgang, Taebaek	Taegeuk 4, 5, 6, 7, 8, Koryo, Keumgang, Taebaek
18y - 30y	Taegeuk 7, 8, Koryo, Keumgang, Taebaek, Pyongwon, Sipjin; Jitae	Taegeuk 6, 7, 8, Koryo, Keumgang, Taebaek, Pyongwon, Sipjin	Taegeuk 6, 7, 8, Koryo, Keumgang, Taebaek, Pyongwon, Sipjin
31y - 40y	Taegeuk 7, 8, Koryo, Keumgang, Taebaek, Pyongwon, Sipjin; Jitae	Taegeuk 8, Koryo, Keumgang, Taebaek, Pyongwon, Sipjin, Jitae, Cheonkwon	Taegeuk 8, Koryo, Keumgang, Taebaek, Pyongwon, Sipjin, Jitae, Cheonkwon
41y - 50y	Taegeuk 8, Koryo, Keumgang, Taebaek, Pyongwon, Sipjin, Jitae, Cheonkwon		
51y - 60y	Koryo, Keumgang, Taebaek, Pyongwon, Sipjin, Jitae, Cheonkwon, Hansoo		
61y - 65y	Koryo, Keumgang, Taebaek, Pyongwon, Sipjin, Jitae, Cheonkwon, Hansoo		
66y -...	Koryo, Keumgang, Taebaek, Pyongwon, Sipjin, Jitae, Cheonkwon, Hansoo		

Age	B			C			D		
	Individual	Pair	Team	Individual	Pair	Team	Individual	Pair	Team
... - 8y	Taegeuk 4, 5, 6, 7, 8	Taegeuk 4, 5, 6, 7, 8	Taegeuk 4, 5, 6, 7, 8	Taegeuk 1, 2, 3, 4	Taegeuk 1, 2, 3, 4	Taegeuk 1, 2, 3, 4	Taegeuk 1, 2	Taegeuk 1, 2	Taegeuk 1, 2
9y - 11y	Taegeuk 4, 5, 6, 7, 8			Taegeuk 1, 2, 3, 4			Taegeuk 1, 2		
12y - 14y	Taegeuk 4, 5, 6, 7, 8, 9	Taegeuk 4, 5, 6, 7, 8, 9	Taegeuk 4, 5, 6, 7, 8, 9	Taegeuk 1, 2, 3, 4	Taegeuk 1, 2, 3, 4	Taegeuk 1, 2, 3, 4	Taegeuk 1, 2	Taegeuk 1, 2	Taegeuk 1, 2
15y - 17y	Taegeuk 4, 5, 6, 7, 8, 9	Taegeuk 4, 5, 6, 7, 8, 9	Taegeuk 4, 5, 6, 7, 8, 9	Taegeuk 1, 2, 3, 4	Taegeuk 1, 2, 3, 4	Taegeuk 1, 2, 3, 4	Taegeuk 1, 2	Taegeuk 1, 2	Taegeuk 1, 2
18y - 30y	Taegeuk 4, 5, 6, 7, 8, 9	Taegeuk 4, 5, 6, 7, 8, 9	Taegeuk 4, 5, 6, 7, 8, 9	Taegeuk 1, 2, 3, 4	Taegeuk 1, 2, 3, 4	Taegeuk 1, 2, 3, 4	Taegeuk 1, 2	Taegeuk 1, 2	Taegeuk 1, 2
31y - 40y	Taegeuk 4, 5, 6, 7, 8, 9	Taegeuk 4, 5, 6, 7, 8, 9	Taegeuk 4, 5, 6, 7, 8, 9	Taegeuk 1, 2, 3, 4	Taegeuk 1, 2, 3, 4	Taegeuk 1, 2, 3, 4	Taegeuk 1, 2	Taegeuk 1, 2	Taegeuk 1, 2
41y - 50y	Taegeuk 4, 5, 6, 7, 8, 9			Taegeuk 1, 2, 3, 4			Taegeuk 1, 2		
51y - 60y	Taegeuk 4, 5, 6, 7, 8, 9			Taegeuk 1, 2, 3, 4			Taegeuk 1, 2		
61y - 65y	Taegeuk 4, 5, 6, 7, 8, 9			Taegeuk 1, 2, 3, 4			Taegeuk 1, 2		
66y - ...	Taegeuk 4, 5, 6, 7, 8, 9			Taegeuk 1, 2, 3, 4			Taegeuk 1, 2		