



Danish Taekwondo Federation Invitation

**SOO-BAK Tommerup Taekwondo og  
DTaF – Dansk Taekwondoforbund**  
*Inviterer til*



# Tommerup Cup 2025

**26. april 2025**

***Poomsae***

*Fyrtårn Tommerup, Tallerupvej 85, 5690 Tommerup*



# Danish Taekwondo Federation Invitation

## Initiativtager/Promotor

Danish Taekwondo Federation: [www.taekwondo.dk](http://www.taekwondo.dk)

## Arrangør/Organizer

SOO-BAK Tommerup Taekwondo - [www.soobaktommerup.dk](http://www.soobaktommerup.dk)

Jesper Nielsen  
[post@tommeruptaekwondo.dk](mailto:post@tommeruptaekwondo.dk)  
m: 61 30 72 26

## Partnere/Sponsors

[mediegrafikeren.dk](http://mediegrafikeren.dk)

## Tilmeldingsgebyr/Fee

350 DKK/individual/team/pair

## Tilmelding/Registration

<https://www.martial.events>

**Sidste frist for tilmelding er 5. april 2025**

Betaling af deltagergebyr sker ved indbetaling på **Mobilepay 29077**

Mærk overførslen: **Klubnavn, antal**

Ved bankoverførsel, kontakt venligst [kasserer@soobaktommerup.dk](mailto:kasserer@soobaktommerup.dk) for kontonummer

Betaling skal foreligge ved tilmeldingsfristens udløb.

Tilmelding er først gældende når betaling af stævnegebyr er betalt.

Der gives ikke dispensation.

## International payment

Please contact [kasserer@soobaktommerup.dk](mailto:kasserer@soobaktommerup.dk) for international payments



# Danish Taekwondo Federation Invitation

## Sidste tilmeldingsdato/ Last Registration date

Sidste frist for at afmelde deltagere og få refunderet deltagergebyr/Last date for withdrawal of competitor and refund of fee

5. April 2025

## Max antal deltagere/ Max number of competitors

250

## Præmier/Awards

Placering 1-3 modtager medaljer  
Bedste kup-udøver, bedste dan-udøver  
Mest vindende klub 1-3 plads

Placement 1-3 will receive medals  
Best gul-participant, best dan-participant.  
Most winning club placement 1.3

## Overnatning/sleepover

[www.fyrtaarntommerup.dk](http://www.fyrtaarntommerup.dk) eller Fyrtårn Tommerup Hostel på [www.booking.com](http://www.booking.com)

Ved tidlig tilmelding er der begrænset mulighed for klubvis overnatning på mindre sovesale (8-12 personer pr sovesal. Der er tre sovesale samt dobbeltværelser)

## Forplejning

Der er cafeteria i Fyrtårn Tommerup og det er ikke tilladt at medbringe mad eller drikkevarer

Man kan forudbestille madpakke til 30kr. pr. person (Pastasalat, bolle, frugt, juicebrik)  
Bestilling ved betaling på mobilepay 29077 senest tirsdag den 22. april

## Train station

Tommerup Station



# Danish Taekwondo Federation Invitation

## Publikum/Admission for the public/audience

Der er gratis entre

Free entrance

## Visa

[http://www.nyidanmark.dk/en-us/coming\\_to\\_dk/visa/visa.htm](http://www.nyidanmark.dk/en-us/coming_to_dk/visa/visa.htm)

## GAL

Ikke et krav

Not a demand

## Dopingkontrol

Uvarslet dopingkontrol/tests, udført af den danske Anti-doping Organisation, kan finde sted

Random doping control/tests, conducted by the Danish Anti-doping Organisation, may take place at the event.

## Program

08:45 – 09:00 Holdledermøde

09:00 – 18:00 Stævne og medalje ceremoni

12:00 - 13:00 Frokost

Ændringer i programmet kan forekomme

08:45 – 09:00 Team Leaders Meeting

09:00 – 18:00 Competitions and awards ceremony

12:00 - 13:00 Lunch

The time table may be subject to change.

## Stævneadministrator/ Tournament Director

[staevnelederteknik@taekwondo.dk](mailto:staevnelederteknik@taekwondo.dk)

Alle stævnespørgsmål skal rettes til stævneadministrator

All questions regarding this event must be forwarded to the Tournament Director



# Danish Taekwondo Federation Invitation

## Sekundanter

Hver klub kan sende 1 holdleder/sekundant for hver 5 deltagere. Der tillades max. 3 holdledere/sekundanter. Endvidere tillades 1 klubansvarlig.  
Formænd for forbund betragtes som VIPs.  
Sekundanten skal være min. 15 år samt være reglementeret påklædt.  
Det vil sige træningsdragt, sportssko og ingen hovedbeklædning.  
Dog er det tilladt at sekundanten bærer religiøs hovedbeklædning.

## Coach

Each team/club can send 1 coach for each 5 competitors. Maximum 3 coaches allowed. In addition, we allow 1 head of team per team.  
Presidents of MNAs are regarded as VIPs.  
The coach must be, at least, 15 years and be correctly dressed. This means tracksuit, sneakers and no headgear. However, it is permitted for the second to wear a religious head covering.

## Deltagere / Participants

Class-A Tournament: Dan grades, WT-rules  
Class-B Tournament: 4. Gup - 1. Gup WT- Rules  
Class-B-C-D: WT-rules.

## Udsendelse af klublister og Poomsaes / Publishing of Competitor Lists and Poomsae Drawings

23. april kl. 18.00 på : <https://www.taekwondo.dk/kalender/samlet-kalender/>

Under stævnet ved opslag på stævnestedet.

23th of April at 18.00 o'clock at: <https://www.taekwondo.dk/kalender/samlet-kalender/>

During the event at the venue.

## Referees

We would also like to invite International Referees (IR). Please apply through your Federation no later than the date mentioned in the invitation:

**Deadline for application for international referees from other countries: 25-03-2024**

Send an email to IR Jesper Pedersen: [jl.pedersen@gmail.com](mailto:jl.pedersen@gmail.com).

The Organizer provides shared double room accommodation in a nearby hotel from Friday to Saturday. By agreement with Jesper Pedersen, it is also possible to stay until Sunday. The Organizer also provides food on the day of the tournament. The Organizer does not cover travel expenses. The competition areas will have electronic scoring devices. Judges Meeting will be held at the Sport Complex Saturday morning at 08:00.

All travel expenses, local transport between the venue and hotels, airports etc., shall be borne by each participating national federation.



# Danish Taekwondo Federation Invitation

## Gebyr og deltagerpolitik ved DTaF stævner pr. 18. august 2017

## Fee- and competitorpolicy for DTaF events per. 18. august 2017

### Kun for danske kæmpere/Danish fighters only

Gebyr for manglende licens:	Betales gebyr ikke mistes deltagelsen i stævnet. Ved manglende licens resten af året, vil udskrift fra forbundets medlemskartotek accepteres som dokumentation for at licens er betalt.
Politik for ikke afhentede pas ved stævner:	Der afleveres ikke pas til stævnerne.
Gebyrfastsættelse:	Gebyret er IKKE inkl. licens !!! Så længe gebyr ikke er betalt kan der ikke deltages i DTaF Stævner. Gebyret er fastsat af hovedbestyrelsen.

### Gebyr ved protest/Fee for handing in a protest

Ved indgivelse af protest, betales et gebyr på 200 kr. (pr. 1/7-2016). Gebyret tilbagebetales såfremt protesten godkendes. Ved afvisning af protest tilbagebetales gebyret ikke. Protest skal afleveres skriftligt på DTaF's officielle skema til protester. Der kan ikke protesteres ved videoreplay-afgørelser.	At handing in a protest, a fee of 200 kr. (pr. 1/7-2016) shall be payed. The fee will be refunded if the protest is approved. If the protest is rejected, the fee is not refunded. The protest shall be delivered in writing using DTaFs official protest form. It's not possible to protest concerning a video replay decision.
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### Manglende deltagergebyr ved stævner/ Unpaid fee at tournaments

Et gebyr opkræves af arrangøren ved stævne indvejning / registrering. Såfremt der ikke er betalt 1 uge før stævne, kan stævneadministratoren afvise stævne deltagelse, dog skal deltagergebyr stadigvæk betales til arrangør.	Fees must be paid to the organizer at weigh-in/registration. If payment has not been received one week before event start, the Tournament manager can reject event participation and the entry fee must still be paid to the organizer.
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# Danish Taekwondo Federation Invitation

## Tilbagebetaling af deltagergebyr/Refund of entryfee

<p>Ved afbud inden tilmeldingsfristens udløb, refunderes hele deltagergebyret. Ved senere afbud refunderes deltagergebyr ikke.</p> <p>Er kæmper alene i sin vægtklasse efter vejningen, tilbagebetales hele deltagergebyret.</p>	<p>At withdrawal before the before the deadline of subscription, the entire entry fee is refunded. At withdrawal later than that, the entry fee is not refunded.</p> <p>If an athlete is alone in the weight class after weighing, the entry fee will be refunded.</p>
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## Ansvar/Liability

<p>Alle stævnedeltagere deltager på deres eget ansvar. Arrangøren/DTaF kan, under ingen omstændigheder holdes ansvarlig for skader eller tab på individer eller udstyr</p>	<p>All participants in the Tournament take part at their own risk. The organizer can under no circumstances be held responsible for any damages, injuries or loss to individuals or equipment.</p>
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## Holdledervejledning ved DTaF stævner pr. 18. august 2017/Head of team information for DTaF events per. 18. august 2017 Vigtigt/Important

<p>Tilmelding til stævner sker efter DTaFs regler og vil fremgå af indbydelse til stævnet. Det er kun klubansvarlige som må henvende sig til Stævneadministrator.</p>	<p>Registration for events by DTaFs rules and will be described in the invitation. Only Head of team may contact Tournament director.</p>
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## Ændring af de udsendte klubsedler/Change of the published team information

<p>Det er holdlederens opgave at kontrollere alle klubbens oplysninger og at kontrollere at klubbens kæmpere er korrekt placeret. Eventuelle ændringer sendes til Stævneadministrator indenfor de fastsatte tidsfrister.</p> <p>Der vil ikke kunne ske ændringer af det udsendte materiale efter stævnestart.</p>	<p>Head of team is responsible for check of all the teams informations and checking that the fighters are correctly registered. Any changes shall be sent to Tournament director within the given time limits.</p> <p>On the day of the event When the event has begun, there will be no changes to the published informations.</p>
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# Danish Taekwondo Federation Invitation

## Stævnedag/day of the event

På stævnedagen kan det være en anden holdleder, end den der er registreret som holdleder i tilmeldingen. Ved holdledermøde er det kun en holdleder fra hver klub der må møde op.

På stævnedagen er det kun registrerede holdledere der kan forespørge ved stævneleder.

Protester kan kun afleveres på stævnedagen af den registrerede holdleder.

Afbud på stævnedagen skal komme fra den registrerede holdleder.

Såfremt anvisninger fra den ansvarlige fra DTaF ikke følges, diskvalificeres/bortvises, deltager/holdleder med mulighed for karantæne og der sker indberetning til Stævneadministrator.

At the day of the event, the team leader may be another person than the one registered at the subscription. At the team leader meeting, only one team leader from every club may show up.

At the day of the event only team leaders may contact the event manager.

Protests may only be handed in at the day of the event by the registered team leader. Withdrawal at the day of the event must come from the registered team leader.

If instructions from the DTaF representative is not met, the competitor/team leader will be disqualified/ expelled with a possible quarantine and the incident will be reported to Tournament director.





# Danish Taekwondo Federation Invitation

## Poomsae divisions:

Preliminary round: 22 competitors or more, 2 poomsae, 50% qualify for the semi-finals.

Semi-finals: 9-21 competitors, 2 poomsae, 8 best qualify for the finals

Finals: 8 or fewer competitors, 2 poomsae in each round

Tournament Type: Cut-Off.

## Class-A

### Individual:

Group	Poom/Dan	Age	Poomsae
I-11-F-A	1. Poom +	Female -11 years	4-5-6-7-8-9-10
I-14-F-A	1. Poom +	Female 12 -14 years	4-5-6-7-8-9-10
I-17-F-A	1. Dan +	Female 15 -17 years	4-5-6-7-8-9-10-11
I-30-F-A	1. Dan +	Female 18 -30 years	6-7-8-9-10-11-12-13
I-40-F-A	1. Dan +	Female 31 - 40 years	6-7-8-9-10-11-12-13
I-50-F-A	1. Dan +	Female 41 - 50 years	8-9-10-11-12-13-14-15
I-60-F-A	1. Dan +	Female 51 - 60 years	9-10-11-12-13-14-15-16
I-65-F-A	1. Dan +	Female 61 - 65 years	9-10-11-12-13-14-15-16
I-66+F-A	1. Dan +	Female 66+ years	9-10-11-12-13-14-15-16
I-11-M-A	1. Poom+	Male -11 years	4-5-6-7-8-9-10
I-14-M-A	1. Poom+	Male 12 -14 years	4-5-6-7-8-9-10
I-17-M-A	1. Dan +	Male 15 - 17 years	4-5-6-7-8-9-10-11
I-30-M-A	1. Dan +	Male 18 - 30 years	6-7-8-9-10-11-12-13
I-40-M-A	1. Dan +	Male 31 - 40 years	6-7-8-9-10-11-12-13
I-50-M-A	1. Dan +	Male 41 - 50 years	8-9-10-11-12-13-14-15
I-60-M-A	1. Dan +	Male 51 - 60 years	9-10-11-12-13-14-15-16
I-65-M-A	1. Dan +	Male 61 - 65 years	9-10-11-12-13-14-15-16
I-66+M-A	1. Dan +	Male 66 years+	9-10-11-12-13-14-15-16

### Mixpair:

Group	Poom/Dan	Age	Poomsae
M-14-A	1. Poom +	- 14 years	4-5-6-7-8-9-10
M-17-A	1. Dan +	15 – 17 years	4-5-6-7-8-9-10-11
M-30-A	1. Dan +	18 – 30 years	6-7-8-9-10-11-12-13
M-31+A	1. Dan +	31+ years	8-9-10-11-12-13-14-15

### Team:

Group	Poom/Dan	Age	Poomsae
T-14-F-A	1. Poom +	Female -14 years	4-5-6-7-8-9-10
T-17-F-A	1. Dan +	Female 15-17 years	4-5-6-7-8-9-10-11
T-30-F-A	1. Dan +	Female 18- 30 years	6-7-8-9-10-11-12-13
T-31+F-A	1. Dan +	Female 31 years+	8-9-10-11-12-13-14-15
T-14-M-A	1. Poom +	Male -14 years	4-5-6-7-8-9-10
T-17-M-A	1. Dan +	Male 15-17 years	4-5-6-7-8-9-10-11
T-30-M-A	1. Dan +	Male 18-30 years	6-7-8-9-10-11-12-13
T-31+M-A	1. Dan +	Male 31 years+	8-9-10-11-12-13-14-15

### Freestyle:



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Group	Poom/Dan	Age
Free-I-17-F	1. Poom +	Female 12-17 years
Free-I-17-M	1. Poom +	Male 12-17 years
Free-I-18+F	1. Dan +	Female 18 years+
Free-I-18+M	1. Dan +	Male 18 years+
Free-P-17	1. Poom +	12 -17 years
Free-P-18+	1. Dan +	18 years+
Free-T	1. Poom +	12 years+

## Class-B-C-D: WT rules

Kup/gup grades: 9. kup/gup - 1. Kup/gup.

## Individual:

Group	Kup/Gup	Age	Poomsae
I-11-F-B	1 - 4	Female -11 years	1-2-3-4-5-6-7-8
I-14-F-B	1 - 4	Female 12-14 years	1-2-3-4-5-6-7-8
I-17-F-B	1 - 4	Female 15-17 years	1-2-3-4-5-6-7-8
I-30-F-B	1 - 4	Female 18-30 years	1-2-3-4-5-6-7-8
I-31+F-B	1 - 4	Female 31+ years	1-2-3-4-5-6-7-8
I-11-M-B	1 - 4	Male -11 years	1-2-3-4-5-6-7-8
I-14-M-B	1 - 4	Male 12-14 years	1-2-3-4-5-6-7-8
I-17-M-B	1 - 4	Male 15-17 years	1-2-3-4-5-6-7-8
I-30-M-B	1 - 4	Male 18-30 years	1-2-3-4-5-6-7-8
I-31+M-B	1 - 4	Male 31+ years	1-2-3-4-5-6-7-8
I-11-F-C	5 - 7	Female -11 years	1-2-3-4-5
I-14-F-C	5 - 7	Female 12-14 years	1-2-3-4-5
I-17-F-C	5 - 7	Female 15-17 years	1-2-3-4-5
I-30-F-C	5 - 7	Female 18-30 years	1-2-3-4-5
I-31+F-C	5 - 7	Female 31+ years	1-2-3-4-5
I-11-M-C	5 - 7	Male -11 years	1-2-3-4-5
I-14-M-C	5 - 7	Male 12-14 years	1-2-3-4-5
I-17-M-C	5 - 7	Male 15-17 years	1-2-3-4-5
I-30-M-C	5 - 7	Male 18-30 years	1-2-3-4-5
I-31+M-C	5 - 7	Male 31+ years	1-2-3-4-5
I-11-F-D	8 - 9	Female -11 years	1-2
I-14-F-D	8 - 9	Female 12-14 years	1-2
I-17-F-D	8 - 9	Female 15-17 years	1-2
I-30-F-D	8 - 9	Female 18-30 years	1-2
I-31+F-D	8 - 9	Female 31+ years	1-2
I-11-M-D	8 - 9	Male -11 years	1-2
I-14-M-D	8 - 9	Male 12-14 years	1-2
I-17-M-D	8 - 9	Male 15-17 years	1-2
I-30-M-D	8 - 9	Male 18-30 years	1-2
I-31+M-D	8 - 9	Male 31+ years	1-2



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## Mixpair:

Group	Kup/Gup	Age	Poomsae
M-14-B	1 - 4	- 14 years	2-3-4-5-6-7-8
M+15-B	1 - 4	15+ years	2-3-4-5-6-7-8
M-14-C	5 - 7	- 14 years	2-3-4-5
M+15-C	5 - 7	15+ years	2-3-4-5
M-14-D	8 - 9	- 14 years	1-2
M+15-D	8 - 9	15+ years	1-2

## Team:

Group	Kup/Gup	Age	Poomsae
T-14-B	1 - 4	- 14 years	2-3-4-5-6-7-8
T+15-B	1 - 4	15+ years	2-3-4-5-6-7-8
T-14-C	5 - 7	- 14 years	2-3-4-5
T+15-C	5 - 7	15+ years	2-3-4-5
T-14-D	8 - 9	- 14 years	1-2
T+15-D	8 - 9	15+ years	1-2

## Freestyle:

Group	Kup/Gup	Age
Free-B-I-17-F	1 - 9	Female 12-17 years
Free-B-I-17-M	1 - 9	Male -17 years
Free-B-I-18+F	1 - 9	Female 18 years+
Free-B-I-18+M	1 - 9	Male 18 years+
Free-B-P-17	1 - 9	12-17 years
Free-B-P-18+	1 - 9	18 years+
Free-B-T	1 - 9	12 years+

## Taegeuk / Poomsae

1 = Il jang	5 = Oh jang	9 = Koryo	13 = Sipjin
2 = Yi jang	6 = Yook jang	10 = Keumgang	14 = Jitae
3 = Sam jang	7 = Chil jang	11 = Taebaek	15 = Cheonkwon
4 = Sah jang	8 = Pal jang	12 = Pyongwon	16 = Hansoo



# Danish Taekwondo Federation Invitation

## Skema til protest ved DTaF stævner / Official protest form for DTaF events

### Gebyr ved protest / Handling fee for protests:

Ved indgivelse af protest, betales et gebyr på 200 kr. (pr. 1/7-2016).  
Gebyret tilbagebetales såfremt protesten godkendes. Ved afvisning af protest tilbage betales gebyret ikke. Protest skal afleveres skriftligt på DTaF's officielle skema til protester. Der kan ikke protesteres ved videoreplay-afgørelser.  
Protesten behandles af protestudvalget i overensstemmelse med de officielle WT regler.  
Afgørelsen er endelig og kan ikke ankes. Protester kan kun afleveres på stævnedagen af den registrerede holdleder.

A handling fee of 200 DKK (as of 1/7-2016) must be paid to initiate a protest.  
The fee will be refunded if the protest is approved. If the protest is rejected, the fee is not refunded. The protest must be delivered in writing using DTaF's official protest form. It is not possible to protest a video replay decision. Protests will be judged by the official board of arbitration according to the official WT rules. The decision made by the board of arbitration will be final and no further means of appeal can be applied. Protests can only be lodged on the day of the event by the registered head of team.

<b>Dato / Date</b>	
<b>Stævnenavn / Event Name</b>	

<b>Klub / Club</b>	
<b>Holdleder / Head of Team</b>	
<b>Klasse eller gruppe/Class or group</b>	
<b>Kamp nummer / Fight number</b>	
<b>Deltager ID eller startnummer/ Competitor ID or Start number</b>	
<b>Deltagernavn / Competitor's name</b>	
<b>Banenummer / Mat number</b>	
<b>Modstander ID eller startnummer / Opponent's ID or Start number</b>	

### Beskrivelse / Description

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### Afgørelse / Conclusion

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# Danish Taekwondo Federation Invitation

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Protest accepteret / accepted	Ja / Yes:	Nej / No:
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**Dato, navn og underskrift formand protestudvalg / Date, name and signature of the Chairman of the Board of Arbitration:**

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