

9 2025

FEBRUARY

POISSY

TAEKWONDO OPEN

INTERNATIONAL

4TH EDITION

BENJAMINS MINIMES CADETS

Registration on MartialEvents

# POISSY TAEKWONDO OPEN *international*



**BENJAMINS / MINIMES / CADETS**

Male & Female

**Sunday 9 February 2025**

**SPORTS VENUE**

**MARCEL CERDAN**



129 AVENUE DE LA MALADRERIE  
78300 POISSY

**REGISTRATIONS IN MARTIAL EVENTS  
FOR 25€ (ATHLETES & COACHES)**

**PROTECTORS & HEADGUEARS - DAEDO GEN2**

OPENING OF REGISTRATIONS : **10 NOVEMBER 2024**

REGISTRATIONS CLOSED : **15 JANUARY 2025**



**POISSY TAEKWONDO ACADEMIE**

**FREE ENTRY TO SPECTATORS**

# GENERAL INFORMATION

Organization :

This event is organized by Poissy Taekwondo Académie in collaboration with several partners.

Contact Us :

Mail : Poissy.academie.tkd@gmail.com

Technical Director : Hassan IKHRAZZEN - 06 10 56 42 75

## COMPETITION DATE

**SUNDAY 9 FEBRUARY 2025**

**Benjamins / Minimes / Cadets**

## WEIGH-IN DATE

**SATURDAY 8 FEBRUARY 2025 14h -16h**

**Benjamins / Minimes / Cadets**

## VENUE OF COMPETITION AND WEIGH-IN

**COMPETITION AT "COMPLEXE SPORTIF MARCEL CERDAN"**

**WEIGH-IN AT "GYMNASE DU COSEC"**

**BOTH PLACES ARE LOCATED ON THE SAME ADDRESS**

**"129 AVENUE DE LA MALADRERIE - 78300 POISSY"**

**FREE PARKING LOT**

# REGISTRATION DETAILS

The clubs will register all of their coaches and competitors on the website:

**[HTTPS://WWW.MARTIAL.EVENTS/FR](https://www.martial.events/fr)**

The registration cost is €25 per **coach** and **fighters**.

Note : The coach only pays once if they are present on both days.

**Payment will only be made by bank transfer to the account of "Poissy Taekwondo Academy"**

**IBAN : FR76 1027 8062 1500 0207 7170 182**

**BIC : CMCIFR2A**

**Add to the title: OPEN POISSY + NAME of your club.**

**A bill will be provided with the accreditations.**

**Attention: A penalty of 10€ per athlete and coach for any delay after the deadline!**

**ACCREDITATIONS WILL BE PROVIDED DURING THE WEIGH-IN**

**REMINDER OF THE DOCUMENTS TO BE PROVIDED WHEN COLLECTING THE ACCREDITATIONS**

COMBATTANT	COACH
<ul style="list-style-type: none"><li>Up-to-date sport passport with federal or WT 2024/2025 license attached, stamped medical certificate, signed parental authorization.</li><li>Identity document</li></ul>	<ul style="list-style-type: none"><li>Up-to-date sport passport with federal or WT 2024/2025 license attached, stamped medical certificate</li><li>Identity document</li></ul>

# AGE AND WEIGHT CATEGORIES

Each club must ensure that its fighters are registered in the correct age and weight category.

## AGE CATEGORIES

- BENJAMINS BORN IN : 2017 - 2016
- MINIMES BORN IN : 2015 - 2014
- CADETS BORN IN : 2013 - 2012 - 2011

## CATÉGORIES DE POIDS

CATÉGORIES DE POIDS	
<b>BENJAMINS</b>	<i>Male : -21kg / -24kg / -27kg / -30kg / -33kg / -37kg / -41kg / -45kg / -49kg / +49kg Female : -17kg / -20kg / -23kg / -26kg / -29kg / -33kg / -37kg / -41kg / -44kg / +44kg</i>
<b>MINIMES</b>	<i>Male : -27kg / -30kg / -33kg / -37kg / -41kg / -45kg / -49kg / -53kg / -57kg / +57kg Female : -23kg / -26kg / -29kg / -33kg / -37kg / -41kg / -44kg / -47kg / -51kg / +51kg</i>
<b>CADETS</b>	<i>Male : -33kg / -37kg / -41kg / -45kg / -49kg / -53kg / -57kg / -61kg / -65kg / +65kg Female : -29kg / -33kg / -37kg / -41kg / -44kg / -47kg / -51kg / -55kg / -59kg / +59kg</i>

During the weigh-in, a fighter may move up by only one weight category.

Any other change will incur a penalty of 10€.

# COMPETITION RULES

## HEAD & BODY PROTECTORS DAEDO GEN 2

**BENJAMINS / MINIMES** : KICKS TO THE HEAD ARE NOT ALLOWED

**CADETS** : KICKS TO THE HEAD AND BODY ARE ALLOWED

### MATÉRIEL :

- **BENJAMINS / MINIMES / CADETS** : DOBOK, BELT, GENITAL PROTECTOR, FOREARM AND SHIN GUARDS, FIGHTING GLOVES, MOUTHGUARD, ELECTRONIC FOOT PROTECTORS GEN2, WHITE TOWEL, WATER BOTTLE
- **ELECTRONIC HEADGUEARS ARE PROVIDED FOR CADETS**

### DURATION OF THE FIGHTS :

- **BENJAMINS ET MINIMES** : 3 X 1MIN  
30 SEC BREAK BETWEEN ROUNDS
- **CADETS** : 3 X 1MIN  
30 SEC BREAK BETWEEN ROUNDS

### ELIMINATION FORMAT:

- THE 3RD PLACE GOES TO WHO LOST AGAINST THE 1st.
- THE 4TH PLACE GOES TO WHO LOST AGAINST THE 2nd.

**REGULATIONS:** <http://www.fftda.fr> And  
<http://www.worldtaekwondo.org>

### MEDAL CEREMONY:

- THE DETAILS OF THE MEDAL CEREMONY WILL BE HELD ON THE DAY OF THE COMPETITION.

# GLOBAL SCHEDULE

## SATURDAY, FEBRUARY 8, 2025

14h -16h

➤ WEIGH-IN FOR BENJAMINS / MINIMES / CADETS

## SUNDAY, FEBRUARY 9, 2025

08h00

➤ ARRIVAL OF STAFF AND VOLUNTEERS

08h30

➤ REFEREE BRIEFING

09h00

➤ PRESENTATION AND INFORMATION FOR COMPETITORS

09h30

➤ START OF THE BENJAMINS / MINIMES / CADETS  
COMPETITION

12h

➤ START OF MEAL BREAK

18h30

➤ ESTIMATED END OF THE COMPETITION

POISSY TAEKWONDO ACADEMY RESERVES THE RIGHT TO MODIFY THE COMPETITION SCHEDULE BASED ON THE NUMBER OF ENTRIES. IN THIS CASE, THE DETAILS WILL BE ANNOUNCED BEFORE THE START OF THE COMPETITION.

# NOTE

## SALE OF SNACKS AND EQUIPMENTS AVAILABLE ON SITE

### HOTELS NEARBY :

- IBIS Poissy Hotel: 97 Avenue Maurice Berteaux, 78300 Poissy
- IBIS Chambourcy Hotel: 2 Rue du Mur du Parc, 78240 Chambourcy
- IBIS Orgeval Hotel: Route Nationale 13, 78630 Orgeval

### OUR SPONSORS :

