

# NEW YEAR'S CAMP

DU 4 AU 6  
JANVIER  
2024  
80 €



**MOHAMED  
EL YAZIDI**  
ENTRAÎNEUR  
RESPONSABLE  
HN 3MTKD



**MOURAD  
LAACHRAOUI**  
ENTRAÎNEUR NATIONAL DE  
L'ABFT



**CHOUBA  
JAOUAD**  
DIRECTEUR  
SPORTIF ETTSQY



## DESCRIPTION:

Ecole Taekwondo Trappes Saint Quentin en Yvelines organise its "New Year's Camp" course to start the new year and prepare young people for the sports events of the beginning of the year 2024.

This course will take place from January 4<sup>th</sup> to 6<sup>th</sup> 2024, on several timetables, thus allowing to welcome the practitioners, from the white belt to the black belt.

For the sake of organization, the reservation at this stage is obligatory.

The internship program will cover all aspects of the discipline for combat readiness, namely technical and tactical work and arbitration.

This exceptional Taekwondo course will be led by several Top coaches.

For registrations, go to the Martial Event platform.

Further information by phone at **+33 6 51 72 57 80**  
or mail: [newyearscamp@hotmail.com](mailto:newyearscamp@hotmail.com).

Registration deadline for the internship December 15, 2023.

## TRAINING PLACE:

GYMNASE BROUSTAL  
6 Avenue Ludwig Beethoven  
78190 Trappes  
France



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## CONDITIONS OF PARTICIPATION:

- All athletes must have a valid and up to date a valid license / insurance associated with your country's NGB.
- Sport passport of the country of adhesion with a medical certificate of aptitude to the competition of the current season.
- Federal License 2023-2024
- Parental authorization for minors.
- Only participants who have paid their registration fee of 80 € before 15 December 2023 will be accepted.
- Coaches must be of age and can participate in the course.

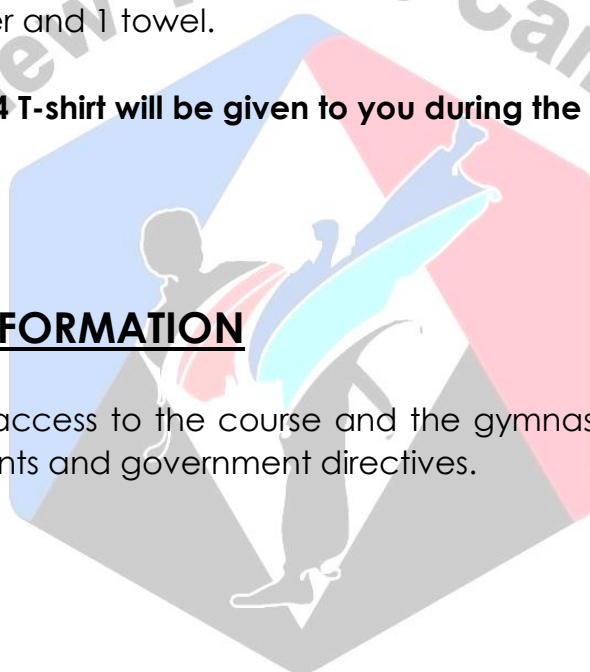
### **Sportive equipment:**

Each athlete must be provided with full protections, 2 rackets, 1 pao, 1 bottle of water and 1 towel.

- The NY'SC4 T-shirt will be given to you during the course.**

## IMPORTANT INFORMATION

The conditions of access to the course and the gymnasium will depend on health developments and government directives.



EDITION 2024

## PROGRAM OF THE COURSE:

PLANNING NEW YEAR'S CAMP - 2024					
Thursday 4		Friday 5		Saturday 6	
Children - Cadet	Junior - Senior	Children - Cadet	Junior - Senior	Junior - Senior	Junior - Senior
		9h30 - 11h00		9h - 12h00	
			11h00 - 13h00		
					13h00 - 17h00
16h - Welcoming the teams					
16h30-18h		16h - 17h30			
	18h-19h30		17h30 - 19h30		

In order to share our experience as much as possible, the workshops will be led by different coaches from the best French clubs.

### LUNCH:

It is forbidden to eat in the sports complex. It has a suitable relaxation area.

Snack and fast food and dishes will be available on site.

### HOTEL NEARBY:

**Hôtel Ibis Budget Vélodrome** : 1 Place de la Paix Celeste, 78180 Montigny-le-Bretonneux,

**Hôtel Ibis Budget IMMOPARC** : Centre de Vie Immoparc, N10, 78190 Trappes

**Hôtel Ibis Vélodrome** : 2 Place de la Paix Celeste, 78180 Montigny-le-Bretonneux,

**Hôtel Campanile** : 2 Place Georges Pompidou, 78180 Saint-Quentin-en-Yvelines,

**Hôtel Ibis Budget Versailles Chateau** : Quartier Epi d'Or, 4 Boulevard Henri Barbusse, 78210 Saint-Cyr-l'École,

**Appart'City Bois d'Arcy** : 2 A Rue Georges Méliès, 78390 Bois-d'Arcy,

**Hôtel Pavillon des Gatines** : Z.I. Les Gatines, 46Ter Rue Pierre Curie, 78370 Plaisir,

**Hôtel F1 Plaisir** : ZI les Gâtines, 36 Rue Pierre Curie, 78370 Plaisir.

**Hotel Première Classe** : ZA Trappes/Elancourt ? 69bis Avenue Georges Politzer, 78190 Trappes

**Hôtel F1** : rue Gaston Monmousseau, 78190 Trappes

**Hôtel Port-Royal** : 20, rue Hélène Boucher, 78960 Voisin le Bretonneux