

# BASTIDE OPEN 2025

**REFRESHMENT BAR ON SITE**

## 5 FIGHTING AREAS

Daedo GEN 2 electronic faceplates and bubble helmets for Cadets-masters and electronic helmets for juniors & seniors

## DATE AND PLACE

**SATURDAY 31 MAY 2025**

Complexe Sportif du Temple Sur Lot

[Route de Bordeaux, 47110 Le Temple-sur-Lot](#)

Tél: Lounes Beroual 06.18.01.90.69

**47110, LE TEMPLE SUR LOT –FRANCE–**

## COMPETITION MANAGEMENT

Lovent Taekwondo Club Villeneuvois & Olympic Dojang layrac (organisateurs)

Responsables Fabien Causse & Amar Dif

## ACKNOWLEDGEMENTS

All the staff would like to thank the town of Le Temple sur Lot and the Centre de Préparation Sportive de la Base du Temple sur Lot for their dedication and their desire to make this event a permanent fixture.

We would also like to thank the FFTDA for its support.

We would also like to thank the New Aquitaine Taekwondo League for its involvement and dedication.

We would also like to thank our partners and sponsors for their support and assistance.

Finally, we would like to thank the referees and volunteers who are essential to the success of this project.

## QUALIFICATIONS

All French clubs must be affiliated to the FFTDA for the 2024/2025 season and all competitors must have their passport in order: licence and medical certificate for the 2024/2025 season. Foreign teams must come with fighters in good standing in their federation: licence and medical certificate.

## CATEGORIES

|                                    |                    |
|------------------------------------|--------------------|
| Male and female Benjamin's born in | 2016 -2017         |
| Precadets male and female born in  | 2014 -2015         |
| Cadet's male and female born in    | 2013 - 2012 - 2011 |
| Juniors male and female born in    | 2008 - 2009 – 2010 |
| Seniors Male and Female            | 1995- 2007         |
| Masters Male and female            | over 30 years      |

## WEIGHT CATEGORIES

### Weight Catégories Children(2016-2017)

#### BEGINNERS

*Male:* -21 ; -24 ; -27 ; -30 ; -33 ; -37 ; -41 ; -45 ; -49 ; +49kg  
*Female:* -17 ; -20 ; -23 ; -26 ; -29 ; -33 ; -37 ; -41 ; -44 ; +44kg

#### CONFIRMED

*Male:* -21 ; -24 ; -27 ; -30 ; -33 ; -37 ; -41 ; -45 ; -49 ; +49kg  
*Female:* -17 ; -20 ; -23 ; -26 ; -29 ; -33 ; -37 ; -41 ; -44 ; +44kg

### Weight Categories KIDS(2014-2015)

#### BEGINNERS

*Male:* -27 ; -30 ; -33 ; -37 ; -41 ; -45 ; -49 ; -53 ; -57 ; +57  
*Female :* -23 ; -26 ; -29 ; -33 ; -37 ; -41 ; -44 ; -47 ; -51 ; +51

#### CONFIRMED

*Male:* -27 ; -30 ; -33 ; -37 ; -41 ; -45 ; -49 ; -53 ; -57 ; +57  
*Female :* -23 ; -26 ; -29 ; -33 ; -37 ; -41 ; -44 ; -47 ; -51 ; +51

### Weight Categories Cadets(2011-2012-2013)

#### BEGINNERS without a touch to the head

*Male :* -33 ; -37 ; -41 ; -45 ; -49 ; -53 ; -57 ; -61 ; -65 ; +65 kg  
*Female :* -29 ; -33 ; -37 ; -41 ; -44 ; -47 ; -51 ; -55 ; -59 ; +59 kg

#### CONFIRMED

*Male :* -33 ; -37 ; -41 ; -45 ; -49 ; -53 ; -57 ; -61 ; -65 ; +65 kg  
*Female :* -29 ; -33 ; -37 ; -41 ; -44 ; -47 ; -51 ; -55 ; -59 ; +59 kg

## Weight Olympic Catégories Juniors (2008-2009-2010)

### **BEGINNERS** without a touch to the head

*Male* : -48 ; -55 ; -63 ; -73 ; +73 kg

*Female* : -44 ; -49 ; -55 ; -63 ; +63kg

### **CONFIRMED**

*Male* : -48 ; -55 ; -63 ; -73 ; +73 kg

*Female* : -44 ; -49 ; -55 ; -63 ; +63kg

## Weight Olympic Catégories Séniors ( 1995 to 2007)

*Male*: -58kg / -68kg / -80kg / +80kg

*Female*: -49kg / -57kg / -67kg / +67kg

## Masters Catégories ( Over 30 years)

*Male*: -58kg / -68kg / -80kg / +80kg

*Female*: -49kg / -57kg / -67kg / +67kg

## WEIGHING

Weigh-ins will take place at the **BASE DU TEMPLE SUR LOT** on

**Friday 30 May 2025 from 17H00 to 19H00.**

The weight of each fighter must be strictly respected.

**IMPORTANT:** The Benjamins and Minimes categories have the possibility of weighing on the 31 May 2025 before entering the combat area in Deboks and protections with a margin of 1 kg 500 more maximum.

**No change of category on 31 may 2025.**

Any competitor who does not weigh in will be disqualified but may fight in out-of-competition arranged bouts.

ANY FAILURE OR REFUSAL TO COMPLY WITH THE RULES OF THE COMPETITION AND THE FEDERAL RULES WILL BE SUBJECT TO SANCTION

## REGISTRATIONS

ATTENTION: Registrations must be made on the Martial Event website:

<https://www.martial.events/fr>

Payment either: on martial events

Or

By bank transfer to

Lovent Taekwondo

IBAN : FR76 1330 6003 7023 0905 8636 097

BIC : AGRIFRPP833

Before **28/05/2025**

**TEAM NAME/ TEMPLE SUR LOT 2025**

**DEADLINE FOR REGISTRATION Thursday 29 May 2025**

**MIDNIGHT**

## **ENTRY FEE**

Registration fee **35€** per fighter and per coach (fighters can coach (16 years old) but will have to pay the double registration fee and have a "coach" outfit as mentioned in the section "access to the area". A card with the mention «coach " (nominative) will be given to the delivery of the accreditations.

**Any entry not paid before 29 May 2025 will be invalidated. Final validations for the competition will therefore only be based on clubs that have paid their entries in advance. No payment on the day of the competition. Unless waived by the organiser**

Each club must be present at the times foreseen in the section "competition schedule" and must have registered beforehand on <https://www.martial.events/fr> before the registration deadline.

For the good progress of the competitions, each club must come with 1 referee for 4 competitors, it is the only way to avoid consequent delays and to obtain a fair and quality refereeing. **An unjustified or unfair absence may be sanctioned (disqualification of the whole team).**

## **ARBITRATION MANAGEMENT**

**N.B.: an unjustified or unfair absence may be sanctioned (disqualification of the whole team).**

Each referee will receive an allowance according to his grade:

- Trainee referees: reward

Competition: 5 combat zones, i.e. a minimum of 35 referees.

Referees must be registered or mentioned by the clubs to the Refereeing Manager (Fanny Albasini) before the registration deadline and bring their sports passport (to validate the competition). You can write to provide the list of your referees (NAME + FIRST NAME + REFEREE LEVEL) to the email address given on the contact page.

[taekwondomad45@gmail.com](mailto:taekwondomad45@gmail.com)

**Tel : +33 6 67891175**

The refereeing body will be headed by Mr Anthony Dos Santos

**Reminder: Documents to be provided when withdrawing accreditations**

| Fighter                                                | Coach                                                  |
|--------------------------------------------------------|--------------------------------------------------------|
| ➤ Sport Passeport                                      | ➤ Sport Passeport                                      |
| ➤ Federal licence for the current season               | ➤ Federal licence for the current season               |
| ➤ Medical certificate stamped on passport (dated 2024) | ➤ Medical certificate stamped on passport (dated 2024) |
| ➤ Parental consent for minors under 18 years           |                                                        |
|                                                        |                                                        |

## COMPETITION RULES

### F.F.T.D.A. Competition Rules

**ANY FAILURE OR REFUSAL TO COMPLY WITH THE COMPETITION RULES AND THE FEDERATE RULES  
WILL BE SUBJECT TO SANCTION**

Any move up in category from Benjamins to Minimes, Minimes to Cadets, and Cadets to juniors will  
be REFUSED.

#### Children Male - Female

Fighting area: 8mx8m

Time of execution: 2 or 3 x 1mn with 30s of rest between each repetition (Eliminatory and final -  
Direct elimination)

Dress: Dobok white collar for Keups / red/black collar for Pooms / black collar for Dans

System: Foot strikes and fist to chest

Protections: Shin, ulnar, genital, helmet, mittens, electronic fists, and mouth guard recommended

Marvel chest protectors -- Mittens and helmet with bubble or visor covid\* sanitary precaution

#### Kids Male - Female

Fighting area: 8mx 8m

Execution time: 2 or 3 x 1mn with 30s rest between each round (heats and finals - direct elimination)

Dress: Dobok white collar for Keups / red/black collar for Pooms / black collar for Dans

System: Foot strikes and fist to chest

Protections: Tibial, ulnar, genital, helmet, mittens, electronic pittens, mouth guard recommended

Dae Do - GEN 2 - Electronic breastplates GEN 1 and GEN 2 AUTHORIZED\* Bubble helmet or visors\*

Health precaution covid\*.

**Each fighter must choose between beginner and advanced, you cannot fight in both  
CADETS / Male – Female**

Fighting area: 8mx 8m  
Execution time: 2 or 3 x 1mn30 with 1mn rest between each round (Eliminatory and final -  
Direct elimination)  
Dress: Dobok white collar for Keups / red/black collar for Pooms / black collar for Dans  
System: Foot strikes to the chest and helmet, fist strikes to the chest  
Protections: Tibial, ulnar, genital, mitts, pitta, mouth guard  
Dae Do GEN 2 electronic chest protectors and helmets with bubbles or visors\* as a covid\*  
precaution - GEN 1 and GEN 2 fists AUTHORIZED

**JUNIORS Male – Female**

Fighting area: 8mx 8m  
Time of execution: 2 or 3 x 2 mn / 1min of rest between each recovery (Eliminatory and final  
- Direct elimination)  
Finals will be 2 or 3 x 2 minutes with 1 minute rest between each round  
Dress: Dobok white collar for Keups, / red/black collar for Pooms and black collar for Dans  
System: Foot strikes to chest and helmet, fist strikes to chest  
Protections: Tibial, ulnar, genital, helmet, breastplate, mitts, pittens, mouth guard  
Electronic breastplates Dae Do GEN 1- Picks GEN1 and GEN 2 AUTHORISED

**SENIORS Male – Female**

Fighting area: 8mx 8m  
Time of execution: 2 or 3 x 2 mn / 1mn of rest between each recovery (Eliminatory and final -  
Direct elimination)  
Finals will be 2 or 3 x 2 minutes with 1 minute rest between each round  
Dress: Dobok white collar for Keups, / red/black collar for Pooms and black collar for Dans  
System: Foot strikes to chest and helmet, fist strikes to chest  
Protections: Tibial, ulnar, genital, helmet, breastplate, mitts, pittens, mouth guard  
Electronic breastplates Dae Do GEN 1- Picks GEN1 and GEN 2 AUTHORISED

**Masters Male – Female**

Fighting area: 8mx 8m  
Execution time: 2 or 3 x 1mn30 with 1mn rest between each round (Eliminatory and final -  
Direct elimination)  
Dress: Dobok white collar for Keups / red/black collar for Pooms / black collar for Dans  
System: Foot strikes to the chest and helmet, fist strikes to the chest  
Protections: Tibial, ulnar, genital, mitts, pitta, mouth guard  
Dae Do GEN 2 electronic chest protectors and helmets with bubbles or visors  
GEN 1 and GEN 2 fists AUTHORIZED

**The time of the bouts may be modified by the organiser for the good progress of the  
competition.**

### **Access to the sparring area:**

- Only competitors, coaches, officials and referees have access to the sparring areas.
- The fighters can coach (16 years old) while respecting the dress code as follows.
- Coaches will present themselves in tracksuit and sports shoes, bareheaded, with a white towel and a small transparent water bottle.
- The doboks of the fighters will not carry any advertising.
- Only the name of the fighter or the country to which he/she belongs may appear on them.
- The referees will be dressed in the correct uniforms:
- The doctor assisted by his team of first aiders.

### **Complaints:**

In the event of a dispute, only the coach is entitled to go to the jury table after having paid the sum of 100 €. Time limit for complaints: 10 minutes after the fight.

## **PRESENTATION OF THE AWARDS**

### Presentation of medals and awards:

- Medal presentation arrangements will be specified on the day of the competition.
- 1 trophy to the best club according to the ranking

## Agenda of the competition

### Friday 30 May 2025

17h00-19h00 Weigh-in for all categories

18h30 to 20h45 Presentation of accreditations

From 22h00, the tables are put online on martial events

### Saturday 31 May 2025

7.00 am / 8.00 am Doors open and accreditation handed over

7.45am to 8.15am refereeing course in compulsory dress

8.15 am Presentations

8.30am to 6.30pm Competition

From 13h00 Awards and medals ceremony

19.00 Presentation of the Trophy and closure of the event.

(Subject to modification of the organisation)

### Parternes

