



4KUOP25 COMPULSORY POOMSAE March 23rd, 2025

DAN CATEGORIES

Group	Category		f / m	Semi Final		Final	
				P1	P2	P1	P2
Dan	Individual	U11	Female Male	Taeguek 5	Taeguek 8	Taeguek 7	Koryo
Dan	Individual	U14	Female Male	Koryo	Taeguek 6	Taeguek 8	Kuemgang
Dan	Individual	U17	Female Male	Taeguek 7	Koryo	Taeguek 6	Taebaek
Dan	Individual	U 30	Female Male	Taeguek 8	Pyongwon	Koryo	Jitae
Dan	Individual	U 40	Female Male	Keumgang	Sipjin	Taeguek 8	Pyongwon
Dan	Individual	U 50	Female Male	Taebaek	Chonkwon	Koryo	Sipjin
Dan	Individual	U 60	Female Male	Sipjin	Taebaek	Jitae	Hansu
Dan	Individual	U65	Female Male	Keumgang	Jitae	Taebaek	Pyongwon
Dan	Individual	U70	Female Male	Sipjin	Chonkwon	Pyongwon	Jitae
Dan	Individual	U75	Female Male	Koryo	Taebaek	Sipjin	Hansu
Dan	Individual	U80	Female Male	Hansu	Taebaek	Jitae	Chonkwon
Dan	Individual	O80	Female Male	Kuemgang	Sipjin	Hansu	Taebaek

Poomsae draw by: GM Tong Wan Shin



Sponsored by:
Range Sports UK Ltd & Jcalicu UK

www.range-sports.co.uk



GOOD LUCK EVERYONE!



4KUOP25 COMPULSORY POOMSAE

March 23rd, 2025

DAN PAIR & TEAM CATEGORIES

Group	Category		f/m	Final	
Dan	Pair	U11		Taeguek 4	Koryo
Dan	Pair	U14		Taeguek 7	Taeguek 8
Dan	Pair	U17		Taeguek 7	Taebaek
Dan	Pair	U30		Taebaek	Pyongwon
Dan	Pair	U50		Taebaek	Jitae
Dan	Pair	U60		Taebaek	Sipjin
Dan	Pair	O60		Jitae	Chonkwon
Dan	Team	U11	Female Male	Taeguek 8	Kuemgang
Dan	Team	U14	Female Male	Taeguek 5	Taeguek 8
Dan	Team	U17	Female Male	Taeguek 6	Taeguek 8
Dan	Team	U30	Female Male	Kuemgang	Sipjin
Dan	Team	U50	Female Male	Pyongwon	Chonlwon
Dan	Team	U60	Female Male	Koryo	Pyongwon
Dan	Team	O60	Female Male	Sipjin	Hansu

Poomsae draw by: GM Tong Wan Shin

Sponsored by:
Range Sports UK Ltd & Jcalicu UK

www.range-sports.co.uk

GOOD LUCK EVERYONE!





4KUOP25 COMPULSORY POOMSAE March 23rd, 2025

K1 CATEGORIES

Group	Category		f / m	Final	
				P1	P2
K1	Individual	U8	Female	Taegeuk 6	Taegeuk 7
			Male		
K1	Individual	U11	Female	Taegeuk 4	Taegeuk 6
			Male		
K1	Individual	U14	Female	Taegeuk 5	Taegeuk 6
			Male		
K1	Individual	U17	Female	Taegeuk 4	Taegeuk 8
			Male		
K1	Individual	U35	Female	Taegeuk 6	Taegeuk 8
			Male		
K1	Individual	36+	Female	Taegeuk 5	Taegeuk 7
			Male		
K1	Pair	U11		Taegeuk 6	Taegeuk 8
K1	Pair	U14		Taegeuk 7	Taegeuk 4
K1	Pair	U17		Taegeuk 7	Taegeuk 6
K1	Pair	U35		Taegeuk 6	Taegeuk 5
K1	Pair	36+		Taegeuk 6	Taegeuk 7
K1	Team	U11	Female	Taegeuk 4	Taegeuk 7
			Male		
K1	Team	U14	Female	Taegeuk 4	Taegeuk 6
			Male		
K1	Team	U17	Female	Taegeuk 5	Taegeuk 8
			Male		
K1	Team	U35	Female	Taegeuk 6	Taegeuk 5
			Male		
K1	Team	36+	Female	Taegeuk 8	Taegeuk 6
			Male		

Poomsae draw by: GM Tong Wan Shin

Sponsored by:
Range Sports UK Ltd & Jcalicu UK

www.range-sports.co.uk

GOOD LUCK EVERYONE!

