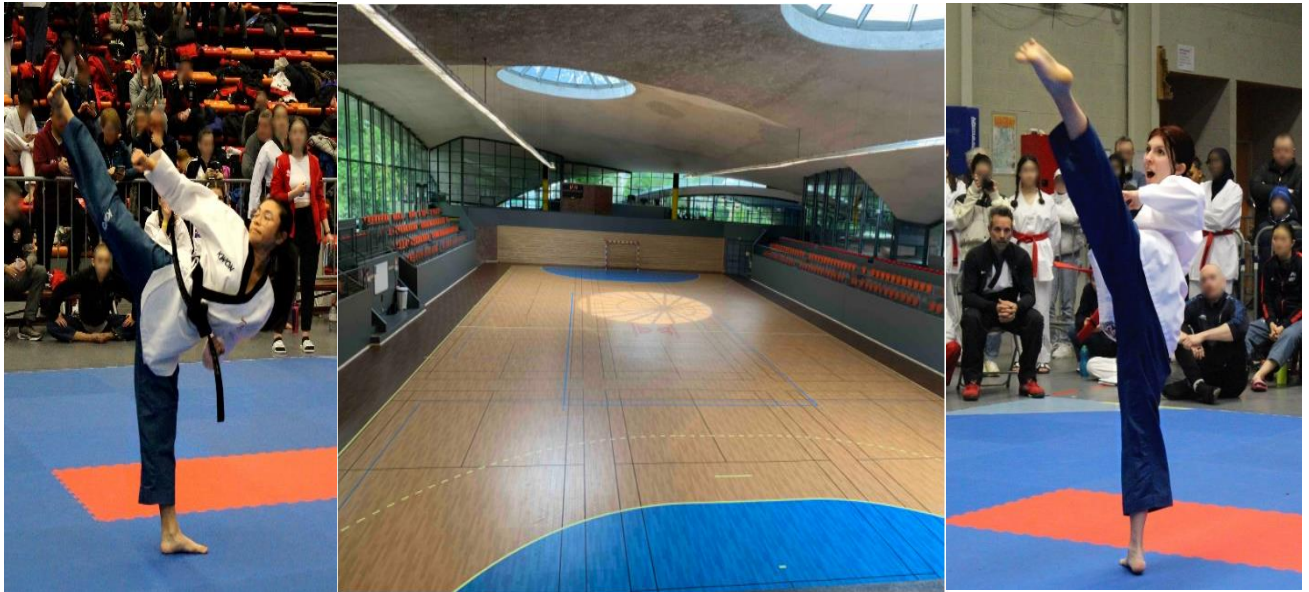




# INTERNATIONAL CHALLENGE DU MONT BLANC SUNDAY, OCTOBER 13, 2024



Special guest: Katia Parroche, 2022 World Vice-Champion, multiple French, Swiss and European Champion.



INDIVIDUAL POOMSAE – DUET – TRIO – FREESTYLE PARA POOMSAE  
FAMILY POOMSAE

## Invitation

We are glad to invite you for the “Challenge du Mont-Blanc 2024” which will take place at Chamonix. We are looking forward to see you on October 12 and 13 for this Poomsae and Kyorugi tournament.

**Place:** Sports complex Richard Bozon - gym Coubertin, which can welcome 500 seats and 900 people.

**Inscriptions on** [www.martial.events/fr](http://www.martial.events/fr)

**Registration deadline:** October 4, 2024

**Participants limit:** 250

For more information: M. Chaffin Alexandre

Tel +33 6 58 31 74 00 Email: [ilgidojang-valleedelarve@hotmail.com](mailto:ilgidojang-valleedelarve@hotmail.com)





## Registration fees

- Individual : 25€
- Duet : 40€
- Trio : 50€
- Para-Poomsae : 20€
- Family Poomsae : 20€
- Free Poomsae : 20€

- The regulation must be perform :
- On the Martial Events website for category A.
- On the account IBAN FR76 1027 8024 2000 0205 6720 143 for category B-C (entitled: CMB 2024 / number of technicians)

One photographer per club authorized to be on the areas.

The clubs must indicate the surname and first name of the photographer on:

[ilgidojang-valleedelarve@hotmail.com](mailto:ilgidojang-valleedelarve@hotmail.com)

## Rewards

Individual – duet – trio – Para-Poomsae – Family Poomsae : 1<sup>st</sup>, 2<sup>nd</sup> et 3<sup>rd</sup> places  
Teams: 1<sup>st</sup> place = 5points, 2<sup>nd</sup> place = 4 points, 3<sup>rd</sup> place = 3 points

## Complaints

In the case of a disagreement, only the coach is allowed to come at the jury table after the time limit for complaints of 10 minutes after the end of the category.

## WT Competition Regulations

Disciplinary regulations and internal order regulations for FFTDA spectators:

Each competitor shall have their license and 2025 passport up-to-date, with medical stamp. Without this document, participation is impossible.

Each coach shall have their license and 2025 passport. They will be able to accompany their student only if they are wearing a sport outfit.

The FFTDA/WT regulations will apply in the ratings.



### Number of judges

Between 4 and 6 per areas.

### Responsibility

In no circumstances the organization can be held responsible for losses, thefts, violence, damages on the equipment...

### Place

Sports complex Richard Bozon – gym Coubertin  
214 avenue de la plage  
74400 Chamonix Mont Blanc

### Parking

Parking des tennis, parking du fond des Gires, parking Bouchet  
Parking du Grépon with free shuttle.

### Date

Sunday, October 13, 2024

### Access

The competition is accessible to clubs and federations which are members of World Taekwondo.

The attendants shall have a valid license (2025) delivered by taekwondo federations.  
Foreign attendants shall have a valid license (2025) of a taekwondo federation recognized by the World Taekwondo.

### Attendants

Athletes are allowed to participate in several categories: individual-duo-trio-free Poomsae and family Poomsae.



## CLASS B/C BOARD

Competitors must imperatively indicate the choice of their poomsaes by using the **GOOGLE FORM LINKS** mentioned below

1<sup>st</sup> round: 1 Poomsae

2<sup>nd</sup> round : 1 Poomsae

3rd round : 2 Poomsaes

<b>INDIVIDUAL</b>		
<b>AGE CATEGORIES</b>	<b>C CLASS/ TAEGEUK</b>	<b>B CLASS/ TAEGEUK</b>
PUPIL 8 ANS	Taegeuk 1-2-3-4	Taegeuk 5-6-7-8
MINIME 9-11 ANS	Taegeuk 1-2-3-4	Taegeuk 5-6-7-8
CADET 12-14 ANS	Taegeuk 1-2-3-4	Taegeuk 5-6-7-8
JUNIOR 15-17 ANS	Taegeuk 1-2-3-4	Taegeuk 5-6-7-8
U30 18-30 ANS	Taegeuk 1-2-3-4	Taegeuk 5-6-7-8-9
U40 31-40 ANS	Taegeuk 1-2-3-4	Taegeuk 5-6-7-8-9
U50 41-50 ANS	Taegeuk 1-2-3-4	Taegeuk 5-6-7-8-9
U60 51-60 ANS	Taegeuk 1-2-3-4	Taegeuk 5-6-7-8-9
U65 61-65 ANS	Taegeuk 1-2-3-4	Taegeuk 5-6-7-8-9
O65 +65 ANS	Taegeuk 1-2-3-4	Taegeuk 5-6-7-8-9

<b>DUET</b>		
<b>AGE CATEGORIES</b>	<b>C CLASS/ TAEGEUK</b>	<b>B CLASS/ TAEGEUK</b>
MINIME 9-11 ANS	Taegeuk 1-2-3-4	Taegeuk 5-6-7-8
CADET 12-14 ANS	Taegeuk 1-2-3-4	Taegeuk 5-6-7-8
JUNIOR 15-17 ANS	Taegeuk 1-2-3-4	Taegeuk 5-6-7-8
U30 18-30 ANS	Taegeuk 1-2-3-4	Taegeuk 5-6-7-8-9
O30 +30 ANS	Taegeuk 1-2-3-4	Taegeuk 5-6-7-8-9

<b>TRIO</b>		
<b>AGE CATEGORIES</b>	<b>C CLASS/ TAEGEUK</b>	<b>B CLASS/ TAEGEUK</b>
MINIME 9-11 ANS	Taegeuk 1-2-3-4	Taegeuk 5-6-7-8
CADET 12-14 ANS	Taegeuk 1-2-3-4	Taegeuk 5-6-7-8
JUNIOR 15-17 ANS	Taegeuk 1-2-3-4	Taegeuk 5-6-7-8
U30 18-30 ANS	Taegeuk 1-2-3-4	Taegeuk 5-6-7-8-9
O30 +30 ANS	Taegeuk 1-2-3-4	Taegeuk 5-6-7-8-9



## CLASS A.POOM/DAN BOARD. RANDOM DRAW.

INDIVIDUAL	
AGE CATEGORIES	POOMSAE
	Taegeuk 1-2-3-4-5-6-7-8 Jang
	Taegeuk 2-3-4-5-6-7-8 Jang, Koryo
CADET 12-14 ANS	Taegeuk 3-4-5-6-7-8 Jang, Koryo, keumgang
JUNIOR 15-17 ANS	Taegeuk 3-4-5-6-7-8 Jang, Koryo, keumgang, taeback
18-30 ANS	Taegeuk 6-7-8 Jang, Koryo, keumgang, taeback, pyongwon, shipjin
31-40ANS	
41-50ANS	Taegeuk 8 Jang, Koryo, keumgang, taeback, pyongwon, shipjin, jitae, chonkwon
51-60 ANS	Koryo, keumgang, taeback, pyongwon, shipjin, jitae, chonkwon, hansu
61-65ANS	
≥66ANS	

DUET	
AGE CATEGORIES	POOMSAE
	Taegeuk 2-3-4-5-6-7-8 Jang, koryo
CADET 12-14 ANS	Taegeuk 3-4-5-6-7-8 Jang, Koryo, keumgang
JUNIOR 15-17 ANS	Taegeuk 4-5-6-7-8 Jang, Koryo, keumgang, taeback
18-30 ANS	Taegeuk 6-7-8 Jang, Koryo, keumgang, taeback, pyongwon, shipjin
≥31 ans	Taegeuk 8 Jang, Koryo, keumgang, taeback, pyongwon, shipjin, jitae, chonkwon

TRIO	
AGE CATEGORIES	POOMSAE
	Taegeuk 2-3-4-5-6-7-8 Jang, koryo
CADET 12-14 ANS	Taegeuk 3-4-5-6-7-8 Jang, Koryo, keumgang
JUNIOR 15-17 ANS	Taegeuk 4-5-6-7-8 Jang, Koryo, keumgang, taeback
18-30 ANS	Taegeuk 6-7-8 Jang, Koryo, keumgang, taeback, pyongwon, shipjin
≥31 ans	Taegeuk 8 Jang, Koryo, keumgang, taeback, pyongwon, shipjin, jitae, chonkwon

For A class : Inscription on the website [www.martial.event/fr](http://www.martial.event/fr)

The random drawn Poomsaes will be communicated 3 days before the competition by email at the request of the clubs on [ilgidojang-valleedelarve@hotmail.com](mailto:ilgidojang-valleedelarve@hotmail.com)



## FAMILY POOMSAES CATEGORIES

*Come and accompany your student or your master, your father or mother to make the Poomsae of your choice! Forget the ranks and come measure yourself at the top!*

For Duo categories: one of the two participants must be over 18 years old.

For Trio categories: one of the three participants must be over 18 years old.

The rank of the participants may be different from one to another.

## B-C CATEGORIES

**Participants will need to register by using the GOOGLE FORM LINKS mentioned below and indicate imperatively the choice of their Poomsae for the 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> round (2 Poomsae)**

For duet and trio– SAME



## DEVELOPMENT

Categories with more than 20 competitors: The competition will start in the 1<sup>st</sup> round

Categories of 9/19 competitors: The competition will start in the 2<sup>nd</sup> round

Categories with 8 competitors: All candidates are in the final

Final: Participants qualified for the final will perform 2 executive Poomsae.

Categories with more than 20 competitors at the end of the 1<sup>st</sup> round, 50 % of the participants are eliminated. After the 2<sup>nd</sup> round, there are 8 candidates left for the final.

Categories of less than 9/19 competitors: the competition will start in the 2<sup>nd</sup> round, there are 8 candidates left for the final.

Categories with 8 competitors: All the candidates are in the final.

A POOM/DAN CLASS: RANDOM DRAW

B/C CLASS : (see board below)

A CLASS: The imposed random drawn Poomsae will be communicated 3 days before the competition on email at the request of the clubs on [ilgidojang-valleedelarve@hotmail.com](mailto:ilgidojang-valleedelarve@hotmail.com)

## B/C CATEGORIES

Age limits are based on year of birth

Example: if a person is 17 on the day of the competition, but turns 18 the same year, they will participate in the 18 to 30 division.



## FAMILY POOMSAES CATEGORIES

Only for classes B/C, each athlete has the right to participate in the age category above his own.

### Inscriptions

On Internet by this website [www.martial.events/fr](http://www.martial.events/fr)

For the B/C categories, and family Poomsae, **by using the GOOGLE FORM LINKS mentioned below**

Alexandre CHAFFIN 06 58 31 74 00 – stark.industrie@hotmail.com

### **REGISTRATION DEADLINE: OCTOBER 4, 2024**

Be careful! The limit is 250 attendants (5 areas).

### Accreditations

Saturday, October 12, 2024 from 6:30 p.m. to 9:00 p.m.

At the sports complex Richard Bozon-room Coubertin

8:30 a.m.: Arrival of participants

9 a.m. to 9:30 a.m.: Judges meeting.

9:45 a.m.: Coachs meeting

Beginning at 10:15 a.m. – End around 7 p.m.

### **GOOGLE FORM LINKS :**

POOMSAE : <https://forms.gle/s7wQfxA48CAT3t1p8>

PARAPOOMSAE : <https://forms.gle/7Na93S9C35gD8aKx7>

FAMILLY POOMSAE : <https://forms.gle/2sTNjQT71WQZsQ3o9>

FREE STYLE : <https://forms.gle/xmRqQzy2kxab2iGf9>



## Rewards



**1st place of each category :** Gold medal and one Dobok MOOTO MTX CHALLENGER with white and Black collar (according the grade)

**2nd place of each category :** Silver medal and 20% discount granted on MOOTO's website

**3rd and 4th places of each category :** Bronze medal and 20% discount granted on MOOTO's website







## **MEALS :**

On-site catering with the participation of 3 restaurants and fast food . Menus will be available for booking from September 20, 2024 on our Facebook:

<https://www.facebook.com/share/f77b5zbXUFvTag5G/>

## **ACCOMODATIONS**

### **IBIS SALLANCHES PORTE DU MONT BLANC**

Address : 1643 Av. de Genève, 74700 Sallanches

Phone : 04 50 58 14 42

hb2q5@accor.com



### **IBIS BUDGET SALLANCHES**

Address : 2055 Av. de Genève, 74700 Sallanches

Phone : 0 892 70 74 09

h9465@accor.com





### IBIS STYLE SALLANCHES

Address : 2055 Av. de Genève, 74700 Sallanches

Phone : 04 50 55 88 90

[hb2q5@accor.com](mailto:hb2q5@accor.com)

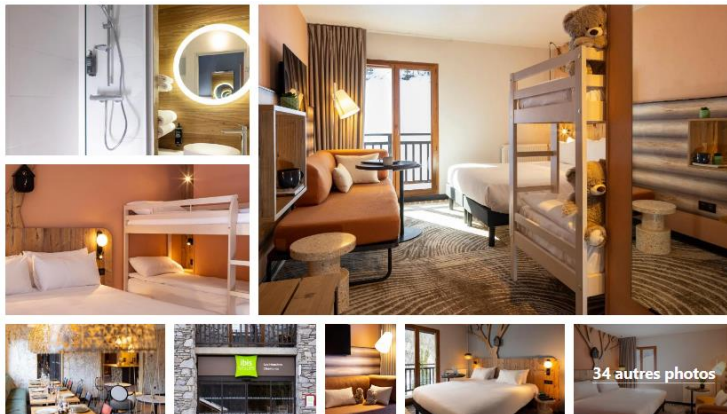


### IBIS STYLES LES HOUCHES

Address : 333 Rue de l'Essert, 74310 Les Houches

Phone : 04 86 80 27 17

[HB9P8@accor.com](mailto:HB9P8@accor.com)





## AUBERGE DE JEUNESSE HI CHAMONIX MONT BLANC

Address : 127 Mnt Jacques Balmat, 74400 Chamonix-Mont-Blanc

Phone: 04 50 53 14 52

[chamonix@hifrance.org](mailto:chamonix@hifrance.org)

