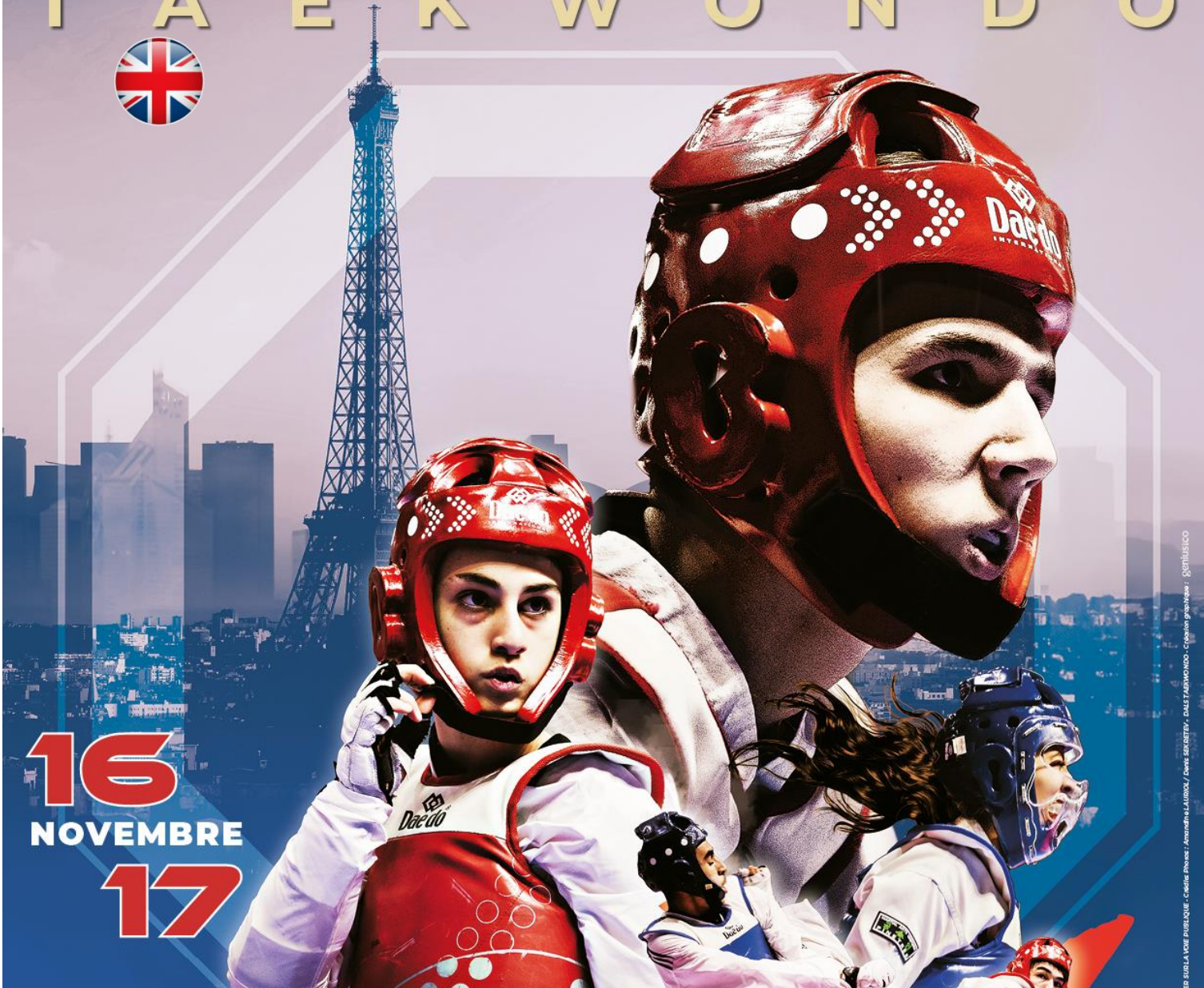


LIFTDA*

Ligue Ile de France de Taekwondo et Disciplines Associees

T A E K W O N D O



16
NOVEMBRE
17

OPEN  IDF

CADETS • JUNIORS • SENIORS

HALLE CARPENTIER

81 BOULEVARD MASSENA • 75013

PARIS

    www.taekwondo-idf.com



NE PAS JETER SUR LA VOIE PUBLIQUE - C. de la Photos : Amanda LAUREN / Paris SENIERS - DALS TAERHOMMO - C. de la Photos : GENTILISICO



GENERAL INFORMATION

- **Dates** : Saturday 16th and Sunday 17th Novembre 2024
- **Location** : Halle Carpentier
81 Boulevard Masséna 75013 Paris
- **Registrations' Closure** : Sunday 3th November 11:59 PM
- **Accreditations** : Given on Friday 15th November 4:30 PM
- **Weighing** : Friday 15th November 5:00 PM – 7:00 PM Cadet **F**/**M** & Senior **M**
Saturday 16th November 10:00 AM – 12:00 Junior **F**/**M** & Senior **F**
- **Registration Fees** : 40 € per Athlete
20 € per Coach
- **Hotel** : 15 Rue Charles Leroy 3, 94200 Ivry-sur-Seine
-



**ANY REGISTRATION OUT OF THE DEADLINE WILL BE INCREASED BY 100%
THE ORGANISATION RESERVES THE RIGHT TO ACCEPT OR REFUSE
REGISTRATION OUT OF THE DEADLINE.**

Free Ticketing





LIFTDA

Ligue Ile de France de Taekwondo et Disciplines Associées



REGISTRATION DETAILS

Clubs will register all athletes and coaches on : <https://www.martial.events/en>

REGISTRATIONS FEES : 40€ per Athlete ; 20€ per Coach.

So, registration & payment are on : <https://www.martial.events/en>

REGISTRATION DEADLINE : Sunday 3th November 2024 11:59 PM

Foreign Athletes & Coaches

will need to present International Licences to get their accreditations before the weighing.

Ligue de Taekwondo IDF – 58 Rue Roger-Salengro Immeuble Dolomites, 94120 Fontenay-sous-Bois
Tel. 01.55.97.27.23 - Site : <http://www.taekwondo-idf.com> - Siret 443 819 149 00 016 - APE 9312Z





RULES OF COMPÉTITION

Eliminations & finals

- Direct elimination.
- The 3rd on the podium are those who lost on semi-finals

Match duration "BEST OF 3"

- Cadets : 3 x 1mn 30s with 30 seconds rest
- Juniors : 3 x 2 min avec 1 minutes rest
- Seniors : 3 x 2 min avec 1 minutes rest

Dobok

White dobok, white collar for keup, black collar for black belts

Electronic

Electronic DAEDO GEN2 Chestguards & Helmets

MALE CATEGORIES

Cadets	born in 2011 - 2012 - 2013	-33kg / -37kg / -41kg / -45kg / -49kg / -53kg / -57kg / -61kg / -65kg / +65kg
Juniors	born in 2008 - 2009 - 2010	-45kg / -48kg / -51kg / -55kg / -59kg / -63kg / -68kg / -73kg / -78kg / +78kg
Seniors	born from 1995 to 2007	-54kg / -58kg / -63kg / -68kg / -74kg / -80kg / -87kg / +87kg

FEMALE CATEGORIES

Cadets	born in 2011 - 2012 - 2013	-29kg / -33kg / -37kg / -41kg / -44kg / -47kg / -51kg / -55kg / -59kg / +59kg
Juniors	born in 2008 - 2009 - 2010	-42kg / -44kg / -46kg / -49kg / -52kg / -55kg / -59kg / -63kg / -68kg / +68kg
Seniors	born from 1995 to 2007	-46kg / -49kg / -53kg / -57kg / -62kg / -67kg / -73kg / +73kg

https://www.fftda.fr/files/file/DS_REGLE/REGL_COMP_OFF_22_23.pdf



MINISTÈRE
DES SPORTS
ET DES JEUX OLYMPIQUES
ET PARALYMPIQUES



Due to the law defined on « le Code du Sport » [Articles L223-1 et L223-2] and the Compétition Rules of the FFTDA [Article 2.6.5.1 alinéa 4 and Article 2.6.7 alinéa 6], every person on the field of play must wear nothing on the head, or anything ostentatious religious.



FORCAST SCHEDULE

Friday November 15th 2024

10 :00 AM	Organization Staff and Volunteers arrival
2:00 PM	Security arrival
5:00 PM - 7:00 PM	Weighing Cadets Female / Male & Senior Male

Saturday November 16th 2024

CADETS F/M & SENIORS M ARE FIGHTING

7:30 AM	Organization Staff, Volunteers, Security and Referees arrival
7:45 AM	Referees Meeting
8:30 AM	Coaches meeting
8:50 AM	Competition Start
10:00 AM - Midday	Weighing Juniors Female / Male & Senior Female
Midday – 2:30 PM	Lunch rotation for referees and staff
6:30 PM	Forecast end of competition - Podiums

Sunday November 17th 2024

JUNIORS F/M & SENIORS F ARE FIGHTING

7:30 AM	Organization Staff, Volunteers, Security and Referees arrival
7:45 AM	Referees Meeting
8:30 AM	Coaches meeting
8:50 AM	Competition Start
Midday – 2:30 PM	Lunch rotation for referees and staff
6:30	Forecast end of competition - Podiums

THE ORGANISATION RESERVES THE RIGHT TO MODIFY THE SETTINGS OR THE PROGRAM OF THE COMPETITION ; IF APPLICABLE, THE NEWS SETTINGS/PROGRAM WILL BE COMMUNICATED AT THE MEETING BEFORE THE COMPETITION START.