

8 2025

FEBRUARY



POISSY

TAEKWONDO OPEN

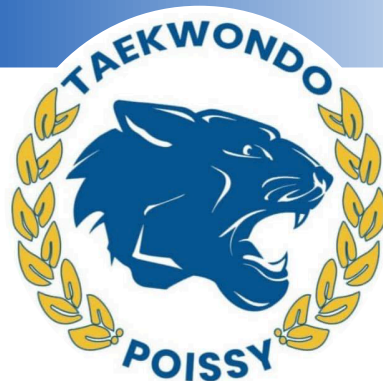
I N T E R N A T I O N A L

4TH EDITION

**JUNIORS SENIORS MALE AND FEMALE
CADETS MALE**

Registration on [MartialEvents](https://www.martial-events.com)

POISSY TAEKWONDO OPEN *international*



JUNIORS / SENIORS Male & Female
CADETS Male

Saturday 8 February 2025

SPORTS VENUE

MARCEL CERDAN

 129 AVENUE DE LA MALADRERIE
78300 POISSY

**REGISTRATIONS IN MARTIAL EVENTS
FOR 25€ (ATHLETES & COACHES)**

PROTECTORS & HEADGUEARS - DAEDO GEN2

OPENING OF REGISTRATIONS : **10 NOVEMBER 2024**
REGISTRATIONS CLOSED : **15 JANUARY 2025**

 **POISSY TAEKWONDO ACADEMIE**

FREE ENTRY TO SPECTATORS

GENERAL INFORMATION

Organization :

This event is organized by Poissy Taekwondo Académie in collaboration with several partners.

Contact Us :

Mail : Poissy.academie.tkd@gmail.com

Technical Director : Hassan IKHRAZZEN - 06 10 56 42 75

COMPETITION DATE

SATURDAY 8 FEBRUARY 2025

Juniors/ Seniors - male and female

Cadets - male

WEIGH-IN DATE:

FRIDAY 7 FEBRUARY 2025 17h - 20h

Juniors/ Seniors - male and female

Cadets - male

VENUE OF COMPETITION AND WEIGH-IN

COMPETITION AT "COMPLEXE SPORTIF MARCEL CERDAN"

WEIGH-IN AT "GYMNASE DU COSEC"

BOTH PLACES ARE LOCATED ON THE SAME ADDRESS

"129 AVENUE DE LA MALADRERIE - 78300 POISSY"

FREE PARKING LOT

REGISTRATION DETAILS

The clubs will register all of their coaches and competitors on the website:

[HTTPS://WWW.MARTIAL.EVENTS/FR](https://www.martial.events/fr)

The registration cost is €25 per **coach** and **fighters**.

Note : The coach only pays once if they are present on both days.

Payment will only be made by bank transfer to the account of "Poissy Taekwondo Academy"

IBAN : FR76 1027 8062 1500 0207 7170 182

BIC : CMCIFR2A

Add to the title: OPEN POISSY + NAME of your club.

A bill will be provided with the accreditations.

Attention: A penalty of 10€ per athlete and coach for any delay after the deadline!

ACCREDITATIONS WILL BE PROVIDED DURING THE WEIGH-IN

REMINDER OF THE DOCUMENTS TO BE PROVIDED WHEN COLLECTING THE ACCREDITATIONS

FIGHTER	COACH
<ul style="list-style-type: none">Up-to-date sport passport with federal or WT 2024/2025 license attached, stamped medical certificate, signed parental authorization.Identity document	<ul style="list-style-type: none">Up-to-date sport passport with federal or WT 2024/2025 license attached, stamped medical certificateIdentity document

AGE AND WEIGHT CATEGORIES

Each club must ensure that its fighters are registered in the correct age and weight category.

AGE CATEGORIES

- JUNIORS BORN IN : 2010 - 2009 - 2008
- SENIORS BORN BEFORE 2007
- CADETS BORN IN : 2013 - 2012 - 2011

WEIGHT CATEGORIES

WEIGHT CATEGORIES	
JUNIORS	<i>Male : -45kg / -48kg / -51kg / -55kg / -59kg / -63kg / -68kg / -73kg / -78kg / +78kg female: -42kg / -44kg / -46kg / -49kg / -52kg / -55kg / -59kg / -63kg / -68kg / +68kg</i>
SENIORS	<i>Male : -54kg / -58kg / -63kg / -68kg / -74kg / -80kg / -87 kg / +87kg Female : -46kg / -49kg / -53kg / -57kg / -62kg / -67kg / -73kg / +73kg</i>
CADETS	<i>Male : -33kg / -37kg / -41kg / -45kg / -49kg / -53kg / -57kg / -61kg / -65kg / +65kg</i>

JUNIORS AND CADETS : During the weigh-in, a fighter can move up only one weight category.

Any other modification will incur a 10€ penalty.

SENIORS : No category change will be allowed.

COMPETITION RULES

HEAD & BODY PROTECTORS DAEDO GEN 2

JUNIORS / SENIORS : KICKS TO THE HEAD AND BODY ARE ALLOWED

EQUIPMENT:

➤ **JUNIORS / SENIORS / CADETS** : DOBOK, BELT, GENITAL PROTECTOR, FOREARM AND SHIN GUARDS, FIGHTING GLOVES, MOUTHGUARD, ELECTRONIC FOOT PROTECTORS GEN2, WHITE TOWEL, WATER BOTTLE

DURATION OF THE FIGHTS :

➤ **JUNIORS ET SENIORS** : 3 X 2 MIN
1 MIN BREAK BETWEEN ROUNDS
CADETS : 3 X 1MN 30S
30 SEC BREAK BETWEEN ROUNDS

ELIMINATION FORMAT:

➤ THE 3RD PLACE GOES TO WHO LOST AGAINST THE 1st.
➤ THE 4TH PLACE GOES TO WHO LOST AGAINST THE 2nd.

REGULATIONS: <http://www.fftda.fr> And <http://www.worldtaekwondo.org>

MEDAL CEREMONY:

➤ THE DETAILS OF THE MEDAL CEREMONY WILL BE HELD ON THE DAY OF THE COMPETITION.

GLOBAL SCHEDULE

FRIDAY, FEBRUARY 7, 2025

17h - 20h

- WEIGH-IN FOR JUNIORS / SENIORS MALE & FEMALE
CADETS MALE

SATURDAY, FEBRUARY 8, 2025

08h00

- ARRIVAL OF STAFF AND VOLUNTEERS

08h30

- REFEREE BRIEFING

09h00

- PRESENTATION AND INFORMATION FOR COMPETITORS

09h30

- START OF THE COMPETITION

12h

- START OF MEAL BREAK

18h30

- ESTIMATED END OF THE COMPETITION

POISSY TAEKWONDO ACADEMY RESERVES THE RIGHT TO MODIFY THE COMPETITION SCHEDULE BASED ON THE NUMBER OF ENTRIES. IN THIS CASE, THE DETAILS WILL BE ANNOUNCED BEFORE THE START OF THE COMPETITION.

NOTE

SALE OF SNACKS AND EQUIPMENTS AVAILABLE ON SITE

HOTELS NEARBY:

- IBIS Poissy Hotel: 97 Avenue Maurice Berteaux, 78300 Poissy
- IBIS Chambourcy Hotel: 2 Rue du Mur du Parc, 78240 Chambourcy
- IBIS Orgeval Hotel: Route Nationale 13, 78630 Orgeval

OUR SPONSORS :

